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1141027 高中職生英翻中短文翻譯題目

Billy is one of my classmates in junior high school. Three years ago, he was very heavy, but he looks wonderful now. Here is his story about how he lost weight. Billy ate a lot of snacks and fast food in his elementary school days. Besides, he did not do much exercise. So he kept putting on weight. He became so heavy that one day he broke the chair he was sitting on when he was in class. After this experience, Billy decided to lose some kilograms. First, he went to see a doctor and was asked to avoid fast food. Also, the doctor said he should start exercising. Billy followed the doctor's advice: he stayed away from fast food and snacks for one year, and most important of all, he jogged every day. That is how Billy lost 20 kilos before he entered junior high school.